

## Sarah Cadol

### FILM

The Loop  
Last Date  
F— WILLIAM SHAKESPEARE  
Calm Down It's Just...  
La Luna  
Pitch It To Me  
Can I Ask You A Question?  
Just A Stop  
Chores  
Is It Too Late  
The MPDG

*Daisy (LEAD)*  
*Susie (LEAD)*  
*Millie (LEAD)*  
*Sylvia (LEAD)*  
*Luna (LEAD)*  
*Cheyenne (LEAD)*  
*Lily (LEAD)*  
*Angie (LEAD)*  
*Molly (LEAD)*  
*Woman (LEAD)*  
*Violet (LEAD)*

Potters Productions  
Cinelon Productions  
Delaney Moore  
Kelly Locke & Katie Lawrence  
Claire Cohen  
Cinelon Productions  
Tory Shafer & Callie Brodeur  
Sydney Steinberg  
Cinelon Productions  
Alex Chadwick  
Elon University

### STAGE

John Proctor Is The Villain  
The Drowsy Chaperone  
Rosencrantz & Guildenstern Are Dead  
Tenured  
Sensory Overload  
The Wizard of Oz  
Guys & Dolls  
Anything Goes  
Legally Blonde  
Oklahoma!

*Beth Powell*  
*Mrs. Tottendale*  
*Alfred*  
*Grace*  
*Samantha*  
*Dorothy Gale*  
*Sarah Brown*  
*Hope Harcourt*  
*Elle Woods*  
*Ado Annie Carnes*

Elon University  
Elon University  
Elon University  
Elon NewWorks  
Elon NewWorks  
Audience of One  
Walden Theatre  
Audience of One  
Walden Theatre  
Audience of One

### TRAINING

**Elon University BFA Acting** - Kim Shively, Michael Tourek, Kevin Otos, Kirby Wahl, Fred Rubeck, & Jade Arnold

Acting Techniques  
Voice/Speech  
Movement  
Long & Short Form Comedy Improv  
Vocal Lessons  
Dance (PEAK/Starstruck/Ao1)  
Broadway Artists Alliance NYC  
Devising Theatre  
Script Analysis & Directing

*Meisner, Shakespeare, On-Camera, Chekov, Stanislavsky, & High Comedy*  
*Linklater, IPA & Dialects*  
*Laban, Viewpoints, Stage/Film Combat, Lecoq, & BMC*  
*Fred Rubeck - Instant Laughter Improv*  
*John McCarty & Natalie Olliver-Atherton*  
*Ballet, Tap, Jazz, Lyrical, & Contemporary*  
*Jennifer Johns, Alex Brightman, Randy Graff & Denise Simon*  
*Scott Proudfit*  
*Fred Rubeck*

### HONORS

Light Award 2019 - Audience of One  
NYA Outstanding Performance Award 2018  
Best Musical Act - 50th Colorado State ThesCon

### SPECIAL SKILLS

**Voice:** Mixed Belt, Legit Soprano; Trained in Classical & Pop Techniques  
**Dialects:** French (L2 Speaker), American Southern, Australian, Estuary, & RP (with prep.)  
**Performing:** Improv, Devising, Directing, Writing, Commedia dell'arte, Intimacy Training, Unarmed Combat Certified, & Basic Piano/Guitar  
**Sports:** Gymnastics, Cheerleading, Cross Country, Track, Swimming, Skiing, & Longboarding/Skateboarding  
**Visual Arts:** Makeup, Hairstyling, Painting, Jewelry, Knit/Crochet, & Crafts  
**Other:** Valid Driver's License & Passport, Great with Kids (Former Nanny & Camp Counselor), Animal Lover (Comfortable with Pets)