

Alicia Helderman

Height: 5'9"
Hair: Black
Eyes: Brown
Weight: 132 lbs
Ethnicity: Mixed

Agent: Brad Baldwin
 brad@donnabaldwin.com
 303.561.1199

Film

What Remains	Lead	Gallop Metal Productions
Unspoken Truth	Lead	Gallop Metal Productions
A Father's Grief	Supporting	Gallop Metal Productions
Ghost Girl	Supporting	Gallop Metal Productions
Still Here	Supporting	Gallop Metal Productions

Training

Self-Tape Workshop	Kasha Fauscett	GMP Acting
Acting Class	Kasha Fauscett	GMP Acting
The Ivana Chubbuck Technique	Kasha Fauscett	GMP Acting
Commercial Auditions	Kasha Fauscett	GMP Acting
TV/Film Auditions	Kasha Fauscett	GMP Acting
Acting/Improv	Kasha Fauscett	GMP Acting
Modeling Workshop	Paul Fisher	Paul Fisher Method

Special Skills

Languages/Accents: First language Dutch; fluent English speaker with ongoing American accent training. Accents: American, Dutch, Eastern European.

Dance: 15+ years of Hip Hop. Cheerleading (Intermediate).

Sports: Weightlifting, yoga, swimming, cycling (advanced) Skiing, ice skating, pickleball, surfing, boxing, running, hiking, rollerblading (intermediate).

Other: Valid Passport & driver's license valid in U.S. and EU.