

Merlynda Sol

SAG-E

[imdb.me/merlyndasol](https://www.imdb.me/merlyndasol)



PHYSICAL DETAILS:

Height: 5'5"

Hair Color: Brown

Eye Color: Hazel

Age: 35

Weight: 130 lb

PROFESSIONAL SUMMARY:

Experienced theatrical actor, currently SAG Eligible. Best known for the title role in the viral Youtube Short "Smiling Woman." Nominated for "Best Actress" at the Romford Horror Festival. Able to be scary, but also quirky, comedic, and loveable.

PRODUCTION EXPERIENCE:

Film/TV

Becoming Death	Lead, Blood Woman	Dir. Alex Henderson
Our Anniversary	Lead, Woman	Dir. Alex Henderson
Smiling Woman 1	Lead, Smiling Woman	Dir. Alex Magaña
Lucy and The Devil	Lead, Lucy	Dir. Adam Raynes

Commercials

PantryOn Infomercial	Woman	Local – Youtube
Daiya "No FooMoo"	Girl	National - Web

Previous Actors Classes and Workshops

Walter Rayne's Studio, 2017 – 2019

Markland Studio, 2020 – 2021

Single Cam and Multi Cam Comedy with Michael Nicolo from Nicolo / Colloff Casting, April 2024

Improv 101 at The Comedy Fort, Winter 2025

Improv 201 at The Comedy Fort, Spring 2025

SPECIAL SKILLS:

Athletic, Penchant for Horror roles but able to be the "Girl Next Door," Good with Animals and Children, Alto / Soprano Singer, Basic Guitar, Balloon Twisting, Photography, Academic, Mother to Willful Toddler, Boxing

AWARDS/RECOGNITIONS:

- Semi-Finals in the National Face of Horror Competition Fall 2022
- Mentioned in India Vogue's 2021 Article, "8 Thrilling Short Horror Films That You Can Watch on Youtube Today."