

## **SHEILA IVY TRAISTER**

[imdb.me/sheilaiivytraister](http://imdb.me/sheilaiivytraister)

### **FILM** (Partial List)

*iGilbert*  
*Love Ranch*  
*The Resident*  
*Brothers*  
*Swing Vote*  
*Tennessee*  
*Goats*  
*The Spy Next Door*  
*The Gift*  
*Stained Glass Windows*  
*Tan Ling's Dream* (Stop Action Animation)  
*Faceless*  
*Back Street Jane*  
*The Hitler Tapes*  
*Even Hitler Had a Girlfriend*  
*Kill Line*  
*He's Still There*  
*Gemini in the Shadow of Darkness*

### **FILM SHORTS** (Partial List)

*TLB* (post production)  
*Rewind* Multiple Best Film Awards  
*Mothers* (16mm) Best Film Award  
*The Phoenix*  
*Two Women*  
*MIA*  
*Grace* (48 Hour Film Festival ~ Co-Writer)  
*The 99's* (Motion Capture Animated Short)  
*Farewell Texas* \*Script Semi-Finalist  
*The Forever Gallery* (30min)  
*Electric Scissors* (30min)

### **TELEVISION & STREAMING** (Partial List)

*Booth by the Window* (Ep 6)  
*Beaus of Holly*  
*Doc West* (Italian Series)  
*Easy Money: DNA (Pilot)*  
*In Plain Sight: Hoosier Daddy*  
*Wildfire: The More Things Change* (2 episodes)  
*Prowler* (Pilot)  
*Asteroid* (Miniseries)  
*Crash: Mystery of Flight 150 ('Aftermath')*  
*On the Line*  
*Dying to Be Perfect*  
*Child's Cry for Help*  
*Perry Mason: Musical Murder*  
*Perry Mason: Reckless Romeo*  
*Perry Mason: All-Star Assassin*  
*Father Dowling: Mafia Priest*  
*Father Dowling: Perfect Couple*  
*OTC America* (Weekly News)

### **COMMERCIALS & INDUSTRIALS**

### **SPECIAL SKILLS**

Director/Writer/Script Consultant/Editor (Stage & Screen); Improv; Dialects & Character Voices; Voice-Over; The EAR; Tele-Prompter; Coach/Mentor (Creatives/Public Speakers/Corp. Professionals); Singer; Dancer; Natural Athlete; Boxing; Equestrian (English & Western); Painter/Etch-A-Sketch Artist; Firearms; Host; Model; Make-Up/Hair Stylist; Natural Foods Cook/Restaurateur; Criminal & Arts Mediator

## **SAG-AFTRA**

*Diner Patron* (opp/Adrian Martinez)  
*ICU Nurse* (opp/Helen Mirren)  
*O.R. Nurse* (opp/Hillary Swank)  
*Blackhawk Pilot* (opp/Toby McGuire)  
*BBC Reporter* (opp/Nathan Lane)  
*Battered Girlfriend* (opp/Ethan Peck)  
*Gossipy Woman #2*  
*Airline Counter Women*  
*Yuka* Lead's Best Friend  
*Amy* - Co-starring  
*Narration* - All Voices & Script Adaptation  
*Dr. Iris Jack* - Co-Starring  
*Nicole* - Lead  
*Psychiatrist* - Supporting  
*News Reporter* - Guest Appearance  
*Sis* - Lead  
*Jamie* - Co-Starring  
*Hostess* - Co-Starring / Introducing

\*(Denotes Best Actress Nominations & Awards)

*Janice Jeri* - Supporting  
\**Sheila* - Lead  
\**Evelyn* - Lead  
\**Gwen* - Co-Starring  
*Myrtle* - Lead  
*June* - Supporting  
*Esther Kaufman* - Supporting  
*Lt. Lola Peppers & Lt. Gardner*  
*Juanita* - Co-Starring (Duke City Shootout, NM)  
*Meera* - Lead  
*Kelly* - Lead

*Robin* - Lead  
*Sylvia* Lead's Mother  
*Mrs. Shintai* Lead's Mother (Recurring)  
*Mona* Lead's Wife Guest-Star (Recurring)  
*Judge Arlene Holiday* Guest-Star  
*Wanda* Guest Star  
*Pete's Wife* Lead (Recurring)  
*Red Cross Woman* Co-Star  
*Georgia Kim Reporter* Guest-Star  
*Helicopter Reporter* Stunt Chopper  
*Terry* Lead's Best Friend (Guest-Star)  
*Reporter*  
*Shop Owner*  
*Apartment Manager*  
*Perry Mason's Secretary*  
*Marge DA's Assistant*  
*Spaulding's Secretary*  
*News Anchor/Co-Host*  
*On-Camera/VO/Helmet-Cam* (dozens)

donna baldwin  
agency

*Adrian Martinez*  
*Taylor Hackford*  
*Antti J. Jokinen*  
*Jim Sheridan*  
*Joshua Michael Stern*  
*Aaron Woodley / Lee Daniels*  
*Christopher Neil*  
*Brian Levant*  
*Scott Cervine*  
*William Brown*  
*Wesley E. Ramsey*  
*Troy Dauenbaugh*  
*Ronnie Cramer*  
*Ronnie Cramer*  
*Ronnie Cramer*  
*Robert H. Kim*  
*Hafden Hussie*  
*Kirti Bajwa*

*Sheila Ivy Traister*  
*Stephan Eigenmann*  
*Ben Rand*  
*Darren Barzegar*  
*Alison Piper*  
*Joey Lopez*  
*Sheila Ivy Traister*  
*Howard Cook*  
*Sheila Ivy Traister*  
*John Davis*  
*Rylan Strader*

*Alexander Kimose* UCD  
*Anthony C. Ferrante*  
*Julio Base* Italy  
*Alik Sakharov* CW  
*John Fortenberry* USA  
*Bradford May* ABC Family  
*Peter Bogdanovich* CBS  
*Bradford May* NBC  
*Philip Saville* NBC Movie  
*Elodie Keene* ABC Movie  
*Jan Egleson* ABC Movie  
*Sandor Storm* ABC Movie  
*Christian I. Nyby, II*  
*Christian I. Nyby, II*  
*Christian I. Nyby, II*  
*Sharron Miller, Alan Cooke*  
*Charles S. Dubin*  
*Anton Delgado* FNN  
*Conflicts Upon Request*

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### LIVE RADIO DRAMA: DESTINATION FREEDOM ~ BLACK RADIO DAYS

*Death of Aesop**Story of 1875**Poet in Bronzeville**The Long Road*

Oracle / Charwoman /Male Page

Voice of the Year 1875

Mrs. Winters / Mrs. Mitchell

Mary Church / Women of Rochester

Donnie Betts KUVO

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Donnie Betts KUVO

Donnie Betts KUVO

### THEATRE (Partial List)

*Spitfire Grill**Ellis Island: Dream of America**Coffee, Tea or ... ?* (Short Play, Playwright)*99 Histories**Slow Dance With A Hot Pick-Up**Two Things You Don't ...* (World Premiere)*The Catch* (World Premiere)*The Sound of a Voice**The Blue Room* (Regional Premiere)*Who's Afraid of Virginia Woolf**Playback Theatre West* (Improv)*The Mikado**Hair* (25<sup>th</sup> Anniversary - Revised)*West Side Story**A Carol's Christmas* (New Musical Revue)*The Goat Singers* (New Musical)*Break* (New Play)*The Dramatization of Richard Warren* (New Play)*Charlotte's Web**The Reluctant Dragon**Trail Mix* (2 years)

\*(Denotes Best Actress Award)

Effy Krayneck

Katherine Beychok

Stella

Sah-Jin

Maysie (World Premiere Musical)

Kimiko Greenberg (Understudy)

Ruth Nomura (Understudy)

\*Woman \*Best Dramatic Actress' Marlowe

\*Women \*Best Actress' Westword

\*Martha \*Best Actress' Westword

Company Member (3.5 yrs)

Fair Maiden / Chorus

Tribe, Vocal Soloist

Anita

Ensemble

Nyktelios

Emma (Battered Woman)

Troupe

Charlotte

Dragon

Multiple Characters

Ben Ranaan Phamaly

Sheila Ivy Traister Phamaly/DYAO/DCTC

Sheila Ivy Traister AndTotoToo/PlayCrawl

Terry Dodd TEA ~ Vintage Theatre

Nancy Robillard Boulder Dinner Theatre

Wendy Goldberg Denver Center Theatre

Lou Jacob Denver Center Theatre

Warren Sherrill Paragon Theatre

Nick Sugar Phoenix Theatre

Jeffrey Nickelson Shadow Theatre

Public/Private/Corporate/Touring

Bev Newcomb Littleton Town Hall

Peter Goldfarb Boulder Theatre

Jim Malcolm Armstrong Theatre

Tom Kimball Denver Center Galleria

Scott Lewis Changing Scene

Andrea Edwards Changing Scene

Dennis Bontems Changing Scene

Kim Smith Aurora Fox Summer Institute

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Henry Lowenstien School Touring

### STAGED READINGS (Partial List)

*My Name is Asher Lev**Two Things You Don't Talk About At Dinner**Becky & Her Lung Transplant**Brothers Paranormal**The Price To Pay**Orchid Child* (New Play - Leslie Lewis)*Nothing But Skin* (New Play - Josh Hartnett)*Crasher-Hostess* (New Play - Ellen Graham)

Rivkah / Anna / Model

Kimiko Greenberg

Victoria

Tasanee

Bruria Nentanyahu

Judith

Stella

Pilar

Ben Ranaan Phamaly

Wendy Goldberg DCPA New Play Summit

Lucy Wright &amp; Bill Downs DCPA

Missy Moore Historic Elitch Theatre

Richard Pegg JCC &amp; Private Venue

Nicolette Vajtay Private Venue

Angela Astle Aurora Fox

Rick Yaconis The Edge

### MILITARY SERVICE & EDUCATION

USAF: Active Duty

Disbursement Accounting Specialist: USAF Academy Finance Department

Tech School

Disbursement Accounting Specialist; (Honor Graduate), Rope/Squad Leader, Marksman M-16

Basic Training

Dorm Chief, Military Studies/Field Training, CPR/Life Support

USAF Academy

Mechanical Engineering, Military Studies, Pistol Team, Intramural Swim Team, Flicker Ball Team

USAFA Prep

Military Studies, Academics, Basketball, C-SQ Leader, Honor Guard, Honor Review Board

Colorado College, CO

Director's Institute (Anthony Giardina &amp; Doug Wager); Theatre, Voice, Ballet, Jazz, Modern Dance, Art

Tech Aero Service

Aircraft Dispatcher; Student Pilot - Low Fixed Wing Single Engine Aircraft

### TRAINING & WORKSHOPS

IMPROV: Alan Arkin; Gary Austin/Groundlings; Michael Gellman/2nd City Chicago; David Razowsky/2nd City LA;

Kevin Frank/2nd City Toronto; Rich Talarico/Long Form Improv; Jonathan Fox/ Playback; Meisner; Viewpoints; Suzuki

ACTING: Mark Travis; Paula Shaw; Susan Scudder &amp; Jane Brody; Dan Fauci; Ted Post (UCLA/DGA);

SAG-AFTRA Workshops: Kerry Barden, Michael Sanford; Rachel Tenner; Fern Orenstein (3)

VOICE: Wendy McKenzie; Linda &amp; Richard Redinger; Ethie Friend (Roy Hart); Bob Downard; Scott Martin

DANCE: Club; Latin &amp; Ballroom; Disco/Hustle; Ballet; Modern; Jazz; African